Sports vision training may enhance an athlete’s visual-motor performance and assist in recovery after an injury or concussion. Our highly skilled vision rehabilitation specialists and athletic trainers use innovative vision performance training to offer a customized approach to meet your vision goals, whether you participate in sports or perform other visually demanding activities.

Benefits of vision training include:
- enhanced speed and accuracy of eye movement
- improved hand-eye coordination
- increased eye tracking and focusing
- extended visual endurance
- improved critical decision making

The Duke Sports Vision Center combines world-class eye care and innovative vision performance training to improve visual-motor performance for athletes and others who may perform visually demanding activities. Increasing visual skills may improve athletic performances on the court or on the field.

To evaluate and enhance performance abilities to your sports-specific needs, we use the following technologies:
- perceptual/cognitive training
- eye tracking
- neurofeedback
- virtual reality
- neurostimulation

Contact us today to schedule an evaluation and customized training experience
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