

# Duke Sports Vision Center

Sports vision training may enhance an athlete's visual-motor performance and assist in recovery after an injury or concussion. Our highly skilled vision rehabilitation specialists and athletic trainers use innovative vision performance training to offer a customized approach to meet your vision goals, whether you participate in sports or perform other visually demanding activities.



## **Benefits of vision training include:**

- enhanced speed and accuracy of eye movement
- improved hand-eye coordination
- increased eye tracking and focusing
- extended visual endurance
- improved critical decision making

The Duke Sports Vision Center combines world-class eye care and innovative vision performance training to improve visual-motor performance for athletes and others who may perform visually demanding activities. Increasing visual skills may improve athletic performances on the court or on the field.

## **To evaluate and enhance performance abilities to your sports-specific needs, we use the following technologies:**

- perceptual/cognitive training
- eye tracking
- neurofeedback
- virtual reality
- neurostimulation



**Contact us today to schedule an evaluation and customized training experience**

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